



**488126**  
Mfg.#17953

## Fully Cooked Steamed Split Chicken Wings



Frozen



Cooked

### Product Information:

**Net Weight:** ..... 10 lbs  
**Case Pack:** ..... 2 x 5 lb. bags  
**Case Dimensions:** ..... 15-13/16" x 10-3/8" x 5-3/8"  
**Case Cube:** ..... .51093 cubic feet  
**Pallet Configuration:** ... 10 cases/layer, 13 layers/pallet  
**Store Below:** ..... 10°F or Lower  
**Shelf Life:** ..... 12 months



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### Fully Cooked Steamed Split Chicken Wings – Binders Added

**Ingredients:** Split chicken wings, water, rice flour, salt, soy protein concentrate, sodium phosphate.

**Contains:** Soy

**Cooking Instructions:**

- Convection Oven:** 375°F for 18 minutes. Flip once during cooking.
- Conventional Oven:** 400°F for 39 minutes. Flip once during cooking.
- Deep Fryer:** 350°F for 8 minutes.
- Microwave:** 2 minutes in a 1000 watt microwave on high. Flip once during cooking.
- Grill/Broiler:** 12-14 minutes. Turn every 5 minutes.

Heat according to instructions or until internal temperature reaches 165°F. Cooking times may vary based on equipment. Cook from frozen.

### Nutrition Facts

Serving Size 3 oz. edible (85g)			
Servings Per Container about 42			
<b>Amount Per Serving</b>			
<b>Calories 140</b>	Calories from Fat 80		
% Daily Value*			
<b>Total Fat 9g</b>	14%		
Saturated Fat 2.5g	13%		
Trans Fat 0g			
<b>Cholesterol 65mg</b>	22%		
<b>Sodium 410mg</b>	17%		
<b>Total Carbohydrate 1g</b>	0%		
Dietary Fiber 0g	0%		
Sugars 0g			
<b>Protein 14g</b>			
Vitamin A 0%	Vitamin C 0%		
Calcium 2%	Iron 4%		
<small>*Percent Daily Values are based on a diet of 2,000 calories. Your daily values may be higher or lower depending on your calorie needs.</small>			
	Calories	2,000	2,500
Total Fat	Less than:	65g	80g
Saturated Fat	Less than:	20g	25g
Cholesterol	Less than:	300mg	300mg
Sodium	Less than:	2,400mg	2,400mg
Total Carbohydrate	Less than:	300g	375g
Dietary Fiber	Less than:	25g	30g
Calories per gram: Fat 9 • Carbohydrate 4 • Protein 4			

